

OCTOBER 2026
FEATURING LISA
AND BEA



RUI NEWS

A MESSAGE FROM THE WOMEN'S CHAIR LISA PAGE

We are always looking for new players to join Ruislip Women — whether you are new to rugby, returning after a break or an experienced player looking for a new club. Everyone is welcome, and we are building a team where players can enjoy their rugby, develop their skills and be part of something special.

After a delayed start to the season following such a hot summer, we were delighted to finally get underway. Our first match back, following a great pre-season, was a cup game against a very experienced Wasps side.

And what a way to start! One of our Rubies, now playing with the Women, came onto the pitch and scored with her first touch of the ball! Moments like that are exactly what make us so proud of the pathway we are building at Ruislip and of the opportunity for our girls to progress into the Women's game.

We also welcomed new players who have only recently joined us alongside some fantastic players who have been part of the Ruislip family for several seasons. Together, we secured the win and are already looking forward to seeing who we face next — with our sights firmly set on Twickenham and a place in the final! Here's to a great season ahead for Ruislip Women.

A MESSAGE FROM THE YOUTH CHAIR BUNMI DURWOJU (BEA)

What a start to the girls' Youth rugby season at Ruislip!

We are already seeing the benefits of the incredible journey we have been on, year after year, to elevate, expand and celebrate girls' rugby within a safe, welcoming and ambitious club environment.

Just one month into the new season, our pitches have already been busy with the first ever girls league match played at the club, cluster training sessions and events bringing new girls and families into the game. But our ambition has always been about more than simply playing rugby. We want to create opportunities for girls to discover the sport, develop their skills, build confidence and, most importantly, feel that there is a place for them at Ruislip.

That reach into our wider community continues to grow. At the end of last season, we welcomed Girl Guides to the club for rugby taster sessions, giving them the opportunity to try the game while completing their newly introduced Rugby Achievement Badge. Then, on 19 September, around 300 Gaelic footballers took over our pitches, with a number already considering making the move to rugby when their Gaelic seasons come to an end.

There is plenty more to look forward to. The strengthened management and administration team, our Rugby Committee and leadership team are returning with renewed energy, alongside new coaches and some exciting collaborations with our fantastic Women's team — both on and off the pitch.

Together, we are continuing to build a clear pathway for girls from minis, through youth rugby and into the women's game. The foundations are strong, the momentum is building and there is a real sense of excitement around what lies ahead. This is going to be a fantastic season of growth, development and opportunity for girls' rugby at Ruislip.

Welcoming Our New Women in Rugby Wellbeing Sponsor

We are delighted to welcome Cragg Management Services to the Ruislip family as our new Champion Women in Rugby Wellbeing Sponsor. Their support will help us continue to develop our Women's rugby programme, with wellbeing at the heart of creating an environment where players can enjoy their rugby, build confidence, develop as individuals and reach their full potential.

We are incredibly grateful to Cragg Management Services for supporting our vision and investing in the future of Women and Girls' rugby at Ruislip.

Welcome to the team, Cragg Management Services — we are delighted to have you with us



COMMITTEE UPDATE

The Committee met in September and discussed several exciting developments for the club. Highlights included:

STRONG MEMBERSHIP AND REGISTRATION NUMBERS

Membership renewals are progressing well, with strong registration numbers reported across both senior and age-grade rugby.

CLUBHOUSE DEVELOPMENT

Work continues plans development of the clubhouse, with a dedicated working group reviewing options and costs to help shape long-term improvements. See details on page 8.

THE NATIONS CHAMPIONSHIP (AUTUMN INTERNATIONALS)

We are delighted to offer members tickets for The Nations Championship as shown below. Please contact Terry Contact chair@ruisliprfc.co.uk if you would like to purchase any (max up to 4 per member)

- Sunday 8th November. England V Australia KO 3.10pm. tickets @ £114
- Saturday 14th November. England V Japan KO 4.40pm. tickets @ £62
- Saturday 21st November. England V New Zealand KO at 2.10pm. tickets @ £145
- Sunday 29th November. Finals Day at 13.10. 12 tickets @ £190

A POLITE ASK

Last month we updated you on the new equipment we bought for the club house, and this month we would like to ask the you you treat it respectfully (TREDS) Our new Equipment went form looking fresh to a bit uncared for.



INVESTMENT IN RUGBY DEVELOPMENT

The club has acquired a new scrum sled and is exploring opportunities to further support our Colts programme through strength and conditioning, player development and retention initiatives.

VOLUNTEER "BOMB SQUAD" INITIATIVE

The Rugby Committee is developing a network of volunteer tradespeople to help with maintenance projects around the club. If you have practical skills and a little spare time, we'd love to hear from you. *See details on page 10.*



WEBSITE REFRESH

Our club website is currently being refreshed and updated with new team photos, fixtures, improved content and direct links to our social media channels, making it easier than ever to stay connected with everything happening at the club.

As part of the refresh, team photographs captured throughout the season by Paul Stephens Team photos will be up on our website, and individual images can be purchased. If you have misplaced your QR code, please contact Paul@photodaygroup.com. We're looking forward to sharing the updated website with members very soon. A special thank you to Lucy Doyle and Paul Stephens for the hard work, time and expertise they have contributed to support this project.

SPOTLIGHT ON OUR CLUB SPONSORS

Without the support of our club fantastic sponsors, rugby would be more difficult and more expensive for all of us. To recognise who they are and what they do, we will be running a regular Spotlight on our Club Sponsors section.

This month it's our main club sponsor **Robert Cooper**. Robert Cooper are an independent family business that has been trading in our community since 1983. They believe in honesty, transparency and work to the highest standards for their property owners. For anyone that mentions Ruislip Rugby Club when instructing them to sell their property or let their property, Robert Cooper will apply a £250 discount to their fees. If you, or a friend or family member are looking to sell or rent a property, please make Robert Cooper your first point of call.

VOLENTAER SPOTLIGHT 🙏🙏🙏

Volunteers remain the lifeblood of Ruislip Rugby Club. Whether it's coaching, helping at events, maintaining our facilities, supporting communications or sharing professional skills, every contribution helps make the club a success.

This month, we'd like to recognise and thank the many members, parents and supporters who have gone above and beyond. A special thank you to **Paul Stephens** for capturing fantastic photos of our members throughout the season. We would also like to thank **Lucy Doyle** from the Women's section for volunteering to help update the club website, with work already well underway. A thank you also goes to **Nilesh Chohan** for offering his support with this project.

Behind the scenes, **Gerry Duke** provided invaluable help moving our new scrum machine, while **Paul** sorted the lighting for the bain-marie.

Gemma and our physio team have been keeping the club's planters watered and looking their best, and **Gemma** has also been coordinating kit sizing to help get this season's Akuma orders underway.

We'd also like to thank **Jason, Barry, Adam** and **Chris** for giving up their Saturday morning to move three tonnes of topsoil and repair areas of the pitches. 🧑🌾

Rachel Barry our Head of Kitchen for absolutely everything she does not just on a Sunday to provide us with full fabulous food!

The recent GAA Tournament was a huge success and simply wouldn't have happened without the support of a fantastic team of volunteers. Thank you to **Cat, Sophie, Poppy, Doug Gray, Becky, Harry, Millie, Ronnie, Laura, Kathryn, John, Paul Morgan, Andy Issot, Aoife, Ed Wood, Gibbo, Krasi, Clare, Izzy, Isaac, Paul and Jo Stephens**, their daughters **Penny & Nell**, also **Eimear and Aine Coppinger**. If we have accidentally missed anyone, please accept our apologies and know that your support is hugely appreciated.

❤️ **Club Spirit** 🤝❤️ **Thank You Volunteers** ❤️🏉 **Rugby Family**
 💙❤️ **Community First** ❤️🙌 **Volunteers**

Volunteers Needed 🧑🧑🧑

We're currently looking for volunteers to support a few key areas:

- Someone to check and maintain the BBQ and gas canisters.
- A volunteer to take the lead on next year's Fireworks Night, with a full handover available from Ivan.
- A Membership Volunteer to support the club during the 2027/28 season. Plenty of time for a handover.
- An Admin for U6/7 - Dom is currently head coach and Admin and that just isn't sustainable! Your help is needed.

If you can help with any of these roles, please get in touch. Every hour volunteered makes a difference to our club and our community.

If you can help, please email: vice-chair@ruisliprfc.co.uk or speak to a member of the Committee.



SAVE THE DATE!

🧠 **Minis Big Fat Pub Quiz** - THIS Friday 16th October | 8:00pm

Supporting the Minis 2027 Your Fundraiser
 See poster on Page 4

🏃🏉 **Next Generation Rugby Camp** 26th & 27th October
 Professional Coaching for boys and girls in Years 3 -9

✉️ nxtgenrugby@gmail.com

🌐 www.nextgenerationrugby.com

See poster on Page 5

🏌️ **Ruislip Rugby Club Golf Day** - Thursday 29th October
 Support the Club while enjoying a fantastic day of golf.

See poster on page 6

🎆 **Ruislip RFC Fireworks Night** - Saturday 7th November 2027
 See poster on page 7

🧑🏆 **Youth Rugby Day** - 21st November 2pm until late. BBQ
 - DJ- Senior rugby. See poster on page 8

🎄🏉🌟 **Ruislip Rugby Christmas Draw**, with an opportunity to win £1000! keep an eye out for details and QR code

🏃🏉👤 **Ruislip Rugby Spring Ball** - 24th April
 Whether you're new to Ruislip RFC or a long-standing member, the Spring Ball is the perfect opportunity to come together, catch up with friends and support the Club in style.

Dress Code: Dress to Impress

Venue: Clayton Hotel, Chiswick

See poster on page 9

If you would like anything featured in our next newsletter, please email vice-chair@ruisliprfc.co.uk or pop by and see Avi on a Sunday morning with the under 8's.

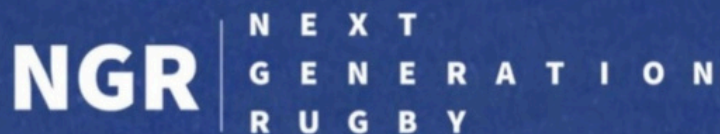
<https://ruisliprugby.co.uk/> | Instagram: @ruisliprfc | Facebook: Ruislip RFC

RRRFC MINNIS BIG FAT PUB QUIZ

**FRIDAY 16TH OCT
8PM**

*Minis'
2027 Tour
Fundraiser!*

**TEAMS OF UP TO 8
£8 PER PERSON
GATHER YOUR TEAM AND
BOOK YOUR TABLE WITH
TIM: 07989 418421**



2026 OCTOBER CAMP

NEXT GENERATION RUGBY

NEW CAMP DATES

26th - 27th October 2026

9.30 AM - 3.30 PM

- ✓ Coached by current and ex professional players
- ✓ Boys & girls (yr 3 - yr 9) of all abilities

Ruislip RFC, West End Road, Ruislip, HA4 6DR

Email: nxtgenrugby@gmail.com

Website: www.nextgenerationrugby.com





RUISLIP RFC GOLF DAY 2026

GREAT GOLF. GREAT COMPANY. SUPPORTING OUR CLUB.



THURSDAY 29 OCTOBER 2026



BATCHWORTH PARK GOLF CLUB

**£90
PER PERSON**

INCLUDES COFFEE & BACON ROLL
ON ARRIVAL, GOLF &
PRIZE GIVING MEAL

**ALL
WELCOME**

MEMBERS • PARENTS
COACHES • SPONSORS
FRIENDS • LOCAL
BUSINESSES



**18 HOLES
OF GOLF**



**TEAM &
INDIVIDUAL
COMPETITIONS**



**NEAREST
THE PIN**



**LONGEST
DRIVE**



**FOOD &
DRINKS**



**PRIZES &
RAFFLE**



**RAISING FUNDS
FOR RRFC**

SPONSORSHIP OPPORTUNITIES



**NEAREST
THE PIN
SPONSOR**

YOUR BRAND HERE!



**LONGEST
DRIVE
SPONSOR**

YOUR BRAND HERE!



**OTHER HOLE
SPONSORSHIP
AVAILABLE**

SUPPORT OUR CLUB

GREAT EXPOSURE FOR YOUR BUSINESS AND SUPPORT FOR RRFC!

**TEAMS OF 4
& INDIVIDUAL
ENTRIES
WELCOME!**

A GREAT DAY INCLUDES:

- ✓ COFFEE & BACON ROLL ON ARRIVAL
- ✓ 18 HOLES OF GOLF
- ✓ COMPETITIONS & PRIZES
- ✓ POST GOLF MEAL & PRIZE GIVING
- ✓ RAFFLE & AUCTION
- ✓ ALL IN AID OF RUISLIP RFC

**SPONSORSHIP
OPPORTUNITIES
AVAILABLE**

Please get in touch to
discuss how you can help
support RRFC.



TO BOOK YOUR PLACE

Email

president@ruisliprfc.co.uk



PLAY. COMPETE. CONNECT. SUPPORT.

FIREWORKS DISPLAY

☆ Join us for a spectacular evening! ☆



**SATURDAY 7TH
NOVEMBER 2026**



EARLY BIRD

(purchased before Oct 31st)

£9

NOV 1ST ONWARDS

£10

£12 ON THE DOOR



GATES OPEN AT 5.30PM

DISPLAY STARTS AT 7.30PM



Scan here
to buy tickets



RUISLIP RFC
EST. 1954



RUISLIP RFC

YOUTH RUGBY DAY



SATURDAY 21ST NOVEMBER
BBQ | DJ | SENIOR RUGBY
MATCH
2PM – LATE

All Youth Boys & Youth Girls
(Rubies) Welcome

£5

A TICKET



RUISLIP RUGBY

EST. 1954

SPRING BALL



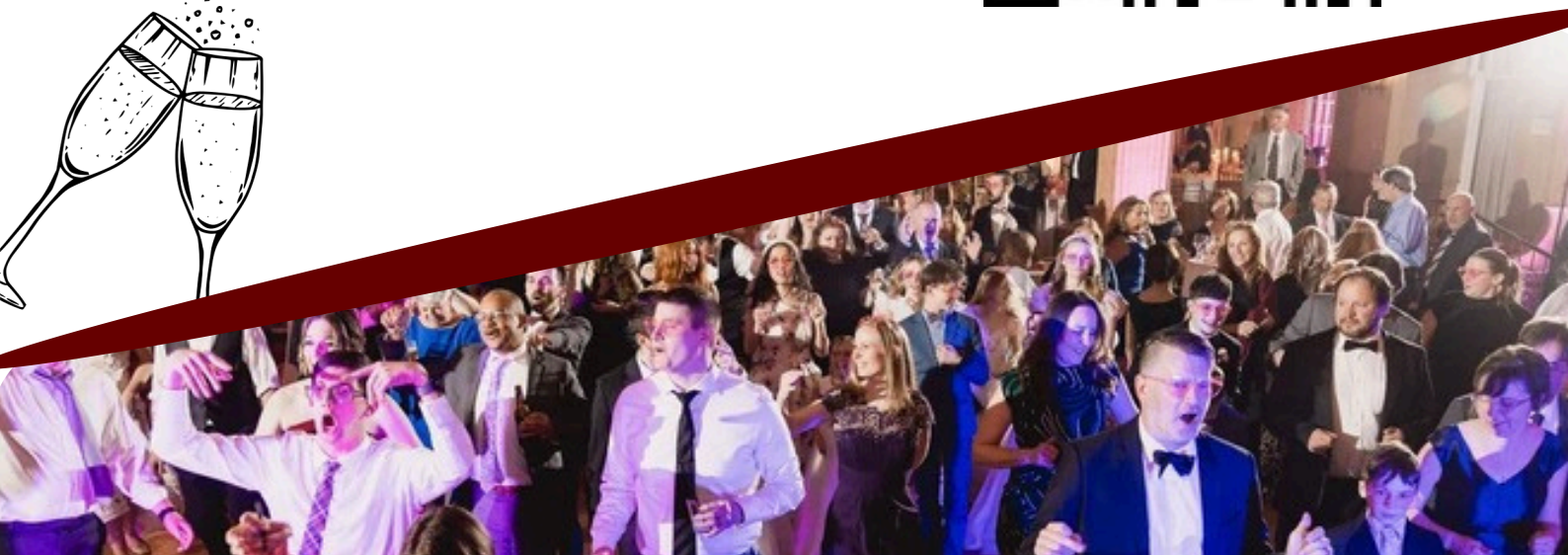
- Early bird price (ticket purchased before December 31st)
£90 per person, including transfer return to club house
(5.00PM - 1AM), £75 without transfer
- Price (after January 1st 2027) £100 per person inc. transfer,
£85 without transfer
- Live music & dancing
- Charity Games in support of the club
- Dress to impress!

***To purchase tickets
scan here:***

 **APRIL 24TH 2027**

 **6.30PM - 01.00AM**

 **Clayton Hotel, 626
Chiswick High Road,
London, W4 5RY**





Ruislip Rugby

CALLING ALL MEMBERS & FRIENDS OF THE CLUB

OUR CLUB. OUR COMMUNITY. OUR FUTURE.

WE NEED
YOUR HELP!

THE BOMB SQUAD

HELP & ASSISTANCE WITH CLUB GENERAL MAINTENANCE & REPAIRS



FIX
IMPROVE
MAINTAIN
TOGETHER



Ruislip Rugby

ALL
SKILLS
WELCOME!



BUILDER'S



PLUMBERS



ELECTRICIANS



DECORATORS



HANDYPERSONS



ANY OTHER
TRADES

WE ARE LOOKING
TO SET UP A
WHATSAPP GROUP



ANYONE WHO WOULD LIKE
TO JOIN WOULD BE
GREATLY APPRECIATED.

GET IN TOUCH

✉ operations@ruisliprfc.co.uk

☎ 07944 551232

Whether you can give a bit of time,
advice, materials, or your professional
skills, all support is hugely valued.

THANK YOU!



SMALL JOBS MAKE A BIG DIFFERENCE

STRONGER FACILITIES. A BRIGHTER FUTURE.

#ONECLUB